

The Orange Times

When there's better writing, there's better reading.

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Intergenerational Program A Success



PHOTO BY BRIDGET ALBERT

Julia Kaoud receives assistance from Samantha Crystal at a recent monthly meeting of technological teens and seniors at High Plains Community Center.

by Bridget Albert

A collaboration of teens and seniors between Congregation Or Shalom and the Orange Senior Center seems to be a win-win, according to participants and organizers.

"The aim of the group is to educate seniors in using their iPad, iPhones, and laptops. This is also an opportunity for students at Amity High School to earn community service hours," said Orange Senior Director Dennis Marsh.

Marsh credits Rabbi Alvin Wainhaus for the programs.

"Rabbi Wainhaus has been instrumental in putting this wonderful opportunity for both the seniors and the teens together," Marsh said.

"In an age when society seems to be breaking up into "special interest groups," it's so heartwarming to see the generations coming together at the Senior Center! The purpose of the modern electronic devices discussed at Teen Tech Talk is, of course, to enhance connectivity. But the living connections created at Teen Tech Talk are, in my estima-

tion, just as important," Wainhaus said.

Rebecca and Samantha Crystal, Sam Wasserman, Jake Mayerson, Ariel Loewenthal, Brian Liebnick, Rachel Einbinder and Mike Dietch participated at this particular event. These eight teens assisted a dozen senior citizens.

"They were brought up knowing all this. I know there is so much I can do but don't know how," said Gitty Kramer.

Loewenthal, a junior at Amity High School, said she enjoys the monthly get together.

"I think it's important everyone is up to date on how to use technology."

Nancy Sykes was gaining experience with her Samsung tablet.

"I have the computer down but need some help with this."

Rosemarie Mangor brought a list of questions for sophomore Sam Wasserman.

"This help is wonderful. I am most grateful for help," she said.

TEENS continued on page 2

Amity Hires Superintendent; Athletic Director Retiring

by Brian McCready

The Amity school system is about to say goodbye to one beloved top school administrator, while they are getting ready to say hello to a new superintendent of schools.

Long-time Athletic Director Paul Mengold surprised Amity Board of Education members earlier this month when he announced that he would retire at the end of the school year, said William Blake, who is the board's chairman.

Mengold, who could not be reached for comment, has been a member of the Amity school system for close to 40 years. Under his leadership, numerous Amity sports teams have won state championships.

Blake said while Mengold is retiring, the board unanimously voted to hire Newtown High School Principal Charles Dumais as its next superintendent of schools. Currently, Michael Nast is serving in his third stint as interim schools superintendent.

dent.

Nast was appointed when former Superintendent of Schools John Brady retired at the end of the last school year. Brady, a popular superintendent, is credited with restoring Amity's reputation around the state.

When Brady was hired in 2004, Amity had been mired in a multi-million dollar budget deficit and there were concerns about the school buildings' air quality.

Brady led a multi-building renovation/addition project to the high and two middle schools, and Amity routinely ended the year with large budget surpluses.

Dumais said on his Twitter account that he is "eager and excited to be" Amity's next superintendent, while adding he was grateful for his experience in Newtown.

Mengold

"Paul informed us at the last meeting that he thought it was time to retire," Blake said. "He said he got to meet a lot of great coaches and met a lot of great people."

Blake said because Mengold has

been a part of Amity for the past 38 years, it was a surprise that he's retiring. The chairman said there will definitely be a celebration honoring Mengold's legacy at Amity.

"A lot of students thrived under the athletic department that he led," Blake said. "Whoever replaces him has huge shoes to fill."

As an athletic director, Mengold had a tough job in that he was always being pulled in different directions, Blake said. Parents wanted their children to get playing time, while the school board would question whether everything was being done to protect and enhance the student's experience.

But Blake said Mengold did a masterful job for everyone.

"Paul does a great job of talking to everyone," Blake said.

Mengold was able to ensure that students knew that they needed to take care of their course work first and foremost.

"He would teach the kids that athletics is just part of their educational career," Blake said.

While Amity won numerous state championships under Mengold's leadership, Blake said, his greatest accomplishment is the type of well-rounded student athletes he helped mold.

"Paul's greatest success is that he produced good citizens and good members of the community, which dwarfs all of the individual accomplishments," Blake said.

The new superintendent, Dumais, will select Mengold's successor. According to the New Haven Register since 1983, Amity athletics has won two New England titles and 45 state championships, 122 league championships, an additional



PHOTO COURTESY AMITY REGIONAL SCHOOL DISTRICT Retiring Athletic Director Paul Mengold.

MENGOLD continued on page 10

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News & Events

Spay/ Neuter Now

Amity Animal Rescue Fund is offering its very successful "Spay/Neuter Now" program to residents of Orange, Woodbridge and Bethany residents.

AARF has partnered with several area veterinarians to offer felines a rabies vaccinations and spay/neuter for the reduced rate of \$65.

The program is open to feral and domestic cats. People on limited incomes are encouraged to utilize the program.

Contact AARF at amit-yarf@yahoo.com or call 203-389-1996 for information.

VET TALK

Our Pets are Living Longer, Healthier Lives

Life expectancy in pets has dramatically increased within the last 20 years. Pets are companions who have achieved family-member status and enjoy rapid advances in veterinary care, improvement in diet, and better breeding. As pets live longer, we face the challenge of helping them overcome health issues which affect their quality of life. Here are a few important topics as they relate to our elderly pets.

Arthritis: Large breed dogs are most affected due to their size. Arthritis most commonly affects the back, hips, and knees. Symptoms may include weakness, stumbling, and limping. Back legs, hip, knee and shoulder arthritis are prevalent. There are many diseases that mimic arthritis, so an exam by your veterinarian is imperative to confirm arthritis. There are now many forms of treatment, the most

common being non-steroidal anti-inflammatory medications and joint supplements. Stem cell therapy is a treatment just beginning to be recognized in veterinary medicine. In cats, arthritis symptoms include a change in litter box habits, vocalizing when touched or brushed, and reclusive behavior.

Cognitive Dysfunction: Also known as senility or dementia, this age-related disease is more common in dogs than cats. Common symptoms are changes in sleep patterns and bathroom habits. Some dogs become anxious during dinnertime and evening hours, which we call "sun downing." Dogs will often awaken in the middle of the night, demand attention and/or a walk, and may be having accidents in the house. Confirm a diagnosis with your veterinarian, and if symptoms are severe enough, there are



MARC DIBERARDINO

some medications that can help alleviate or even slow this condition.

Vision and Hearing Loss: When your dog or cat no longer greets you at the door and/or sleeps more soundly, hearing loss may be a factor. Loss of vision is less obvious. As long as furniture items are not moved, pets with compromised vi-

sion can navigate because they know the spatial layout in the house. Some dogs may become more protective or guarded in their behavior.

Dental Disease: Periodontal disease and oral infections are common in older dogs and cats. These infections can spread to other areas of the body such as kidneys and heart valves. Have your veterinarian closely examine your pet's teeth at every physical to ensure good dental health.

Our pets are living longer and healthier lives. Advancements in veterinary care, coupled with our devotion to them, mean that during their "golden years" our pets can be as happy and healthy as possible.

Dr. Marc can be reached at Orange Veterinary Hospital 203-795-6091.

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TEENS continued from page X

Wasserman said he was happy to volunteer his time.

"I'm very into technology and look forward to coming. It's something good to do," he said.

"iPhones, iPads, and laptops can help families keep in touch. I often think about people who have children and/or grandchildren living across

the country. An older person may feel isolated or that they are missing out on their grandchildren growing up. Devices like these that can send videos and photos via email; devices that have features like Skype and texting can help bridge that distance. That is why I am proud to partner with the Congregation Or Shalom to present an-

other opportunity for our seniors to learn how to use these devices," Marsh said.

Although the core group of students attend Or Shalom all Orange teens with an interest in lending their technological skills are welcome to participate. Contact Rabbi Wainhaus to learn more.



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News & Events

Amity Teen Center Receives Grant

by Bridget Albert

The Amity Teen Center has received a substantial grant from ConnectiCare through the Neighborhood Assistance Act Tax Credit Program created by the state legislature. The \$15,670.82 will be used for energy conservation needs at the center.

“This funding is specifically restricted for the Amity Teen Center energy conservation project which primarily includes expanding our solar panel installation,” said Linda Cohen, treasurer and a founding member of the teen center.

Last year ConnectiCare donated \$20,000 toward the energy saving efforts.

“ConnectiCare’s mission is to support many nonprofits in the state and we are very happy to support the Amity Teen Center, said ConnectiCare representative Mark Pacheco.

Jason Pinkus, with Group Insurance Associates coordinated the donation.

“The teen center is unique in the state. To survive on such a meager budget is a testament in itself. It is



PHOTO BY BRIDGET ALBERT

Left to right ConnectiCare representative Mark Pacheco, Group Insurance Associates Jason Pinkus, ATC Program Director Jen Romanoff, ATC President Jane Oppen and ATC Board Member Beverly Fries gratefully accepted the donation for solar panels.

run so lean I wanted to help,” he said.

“We have also been supported in our initial and our expanded pro-

grams by UIL Holdings and the Connecticut Clean Energy Finance

and Investment Authority,” Cohen said.

Cohen said the solar panels are also a teaching tool.

“By conserving energy, we are both teaching the teens about the importance of energy conservation and reducing our electric bills which allows us to use the savings for our programs. We can monitor the solar savings at solaros.datareadings.com. Since the original installation in May of 2013, we have generated 8,131 kwh and saved \$1,400,” she said.

In 2006 the teen center opened its doors on Selden Street. In 1996 the center closed its doors on the Boston Post Road to make room for a new firehouse. During those years the teen center held events at rotating sites in the three communities.

The center offers a vast variety of programs for teens to participate in from band nights to computer related classes and services to helping those less fortunate such as a monthly trip to the New Haven Green to distribute hygiene packets to those in need.

O.V.F.D. Auxiliary Pancake Supper

The Orange Volunteer Fire Department Auxiliary will hold its 5th Annual Pancake Supper on Wednesday, Feb. 26 at Chip’s Restaurant, 321 Boston Post Rd.

Menu includes pancakes, eggs, choice of bacon or sausage and beverage.

There will be an early seating at 5 p.m. and late seating at 6:30 p.m.

Prices are: \$10 for adults, \$5 children 10 and under. Tickets must be purchased in advance as there are a limited number of seats available. Tickets may be purchased

from any Auxiliary member or at Knight’s Inc. 286 Boston Post Rd. Orange.

All proceeds benefit the Orange Volunteer Fire Department.

For further information, contact Lynn Knight at 203-799-2592 or visit the website at www.orangevfd.com.

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Editorial Page

Editor's View

Tip Of The Hat Teen Tech

It was the end of the afternoon and outside the sky was dreary but inside the senior center at High Plains Community Center the mood was intense. Teens and seniors sat huddled together deep in conversation. In front of them were smartphones and digital tablets. And perhaps the most interesting aspect was the smiles and gentle exchanges between the different generations.

Teen Tech Talk, a collaboration between Or Shalom Synagogue and the Orange Senior Center is certainly a win-win for all involved.

Our hat is tipped in all directions - teens, seniors and organizations involved.

In a society that tends to isolate its senior generation it was refreshing and heartwarming to spend some time observing the interactions. From the smartphone and tablet owner who struggled to understand the lingo and icons on their devices to the high school students who sometimes had to repeat their instructions in different terms with patience our hat is off to all involved.



Many To Thank For Holiday Cheer

To the Editor,
I am celebrating my 10th year running the Holiday Program for Orange Community Services and as usual I am so grateful to all the wonderful people who called me to participate or just donate. Every year is better than the last. People and businesses here in Orange are so generous to my program. This is the most rewarding part of my job working for the town of Orange, I am so proud to be part of this and helping all who are in need during difficult times for the holidays.

I would like to personally thank: Artie Dixon (local resident/musician) who runs his Holiday Party every year asking for unwrapped toys, Mike at Center Balance in Orange whose clients for the past few years have been so amazing with taking all the children's names and donating; Church of Good Shepherd in Orange who took all the children's names for their wish tree and also donated food bags for the families too; the Orange Arts and Crafts Guild, Orangewood Women, Coldwell Banker of Orange, Orange Preschool, Orange Community Women, various Daisy, Brownie, Girl Scout Troops, Cub Scout and Boy Scouts. Also the Orange Republican Women, Orange Board of Ed and the Amity PTO; the Orange Democratic Women's group and finally the Orange residents, employees and businesses who took time out of their busy lives to participate and sponsor a family or senior in our program or just to give a donation. There are so many names it would take

Letters to the Editor

pages to list everyone so I apologize if I missed anyone.

Again, thank you everyone involved in donating their time with sponsoring the families and seniors in the Town of Orange who are in desperate need of assistance. As always the response was amazing! Thank You All So Much!

Kimberly Callahan
Administrative Assistant
Community Services
Department
Town of Orange

Orange Does Not Need Full Day Kindergarten

To the Editor,
We seem to be forgetting or choosing to ignore the cliché "childhood is fleeting." To trade 80 minutes that a five year old in our town could be a free-spirited child for a longer school day would be awfully sad. Kindergarteners need to be treated as young children, not strictly as students. They require and deserve more than what can be done in a classroom, regardless of the school day's length, the quality of the teacher, and/or the rigor of the curriculum. For our five year olds, the transition between pre-school and elementary school with a ¾ length day is ideal. They are treated differently, and rightfully so, with their own schedule, and I have faith that student success can be upheld under such a schedule, for even though many Connecticut districts already have full-day kindergarten, they do not rank nearly as high as Orange.

I sincerely hope this change is not being considered because of the implementation of the Common Core. If so, I feel it is premature and presumptuous.

I'd hate to believe that anyone, especially those who work in education, wholeheartedly supports the Core Curriculum at this point, for there is positively no long-term proof of its effectiveness or success. On the contrary, there is already evidence of its shortcomings.

Nonetheless, let us as parents worry about what games we can play and what books we can read for 80 minutes with our five year olds rather than what may never be ... our kindergarteners losing ground as future test score leaders because they were dismissed from school 80 minutes earlier than those in other towns.

Mistylynn Barnes

Play Is More Important Than Full Day

To the Editor,
The town of Orange is polling parents of future kindergartners about the possibility of increasing it's .84 day (5 hours) to a full day. While I'm not eligible to weigh in on the parent survey, I have some thoughts, questions and cautions about the subject.

I had four children go through the Orange elementary school system when kindergarten was a half-day session and now I have a grandson at Mary L. Tracy and a granddaughter poised to enter kindergarten in a few years. Why is a full-day kindergarten being considered?

Is it to accommodate working parents? Is it an effort to jam more academics down the child's throat when recent studies and respected child development experts have consistently warned about the negative effects?

Award-winning education writer, Laura Pappano, highlights a study done by the distinguished Gesell Institute in her article Kids Haven't Changed; Kindergarten Has. The institute, dedicated to researching and understanding child development, recently completed a study comparing child development milestones documented in the early and mid-1900s to those in today's children. They discovered what many educators suspected: children today generally reach cognitive milestones at the same age as their 1920s counterparts.

"People think children are smarter and they are able to do things earlier than they used to be able to-and they can't" said Marcy Guddemi, current executive director of the Gesell Institute. She cites "conserving skills" as an example. "Most children do not understand the difference between counting 20 pennies and "conserving" them knowing that they have 20 altogether-until the age of six. They can memorize simple equations at four or five, but they don't understand the real meaning. There is a real difference between performing and knowing."

Dr. Louise Bates Ames (then the associate-director of the Geselle Institute) came to Orange in the spring of 1988. Her talk focused on parents' desires to push their children to achieve and addressed the topic of an all-day kindergarten. "More than half the children labeled learning disabled are good kids pushed before they are ready. Day after day you're a failure if you start too early.

Another topic Ames addressed was all day kindergarten. She stated clearly that it is too much stress for chil-

dren and that "schools should not be used to solve our social problems or our babysitting problems. Five year olds are not any different than what they were a hundred years ago, even though the world around them has changed dramatically. A five year old is still a child who has limited endurance and should not be thrust into a strident situation." Ames, who had been formally observing and working with children for over 60 years, admonished her listeners to "keep pencils out of kindergarteners hands and workbooks from their desks." Ames believed that a kindergartener's day should be kept short and run in the "old-fashioned play oriented way."

I thought it was important to ask a kindergartener what he thought about his experience so I asked my grandson. "Well it's not very good. I sit at the desk a lot. You have to sit and do work for a long time and we don't get outside to play. We can only play with the things in the room if it's raining outside and the gym is closed. I do a lot of cutting and pasting, cutting and pasting and cutting and pasting. I do like learning new things, like new sentences and I do like my teacher." Recalling his time at a nature based preschool he brightened and enthused, now that's what I like, playing inside and outside and taking nature walks everyday!"

Experts and children agree, play is the most important thing that children do and if they don't do it now they won't ever get another opportunity.

Bonnie Pelaccia

Weddings

Allen Anthony Drenzek, son of Ronald and Judith Drenzek of Orange, and Rian Catherine Heffron, daughter of Richard Heffron and the late Cathy Heffron of Stamford were married on Sept. 21. The ceremony was held at the Basilica of St. John in Stamford, CT., with Rev. Michael Dogali officiating at the ceremony. Given in marriage by her father, the bride was attended by Desiree Farano as matron of honor and Kaitlyn Heffron as maid of honor. Danielle Drenzek Jaques and Katherine Frangione were bridesmaids and Antonio Rende was a bridesman. The best man was Thomas Jaques. Rahul Samanta,

Miles Loudon, and Tyler Kramka served as groomsmen. The bride received a Bachelor of Science in History, Secondary Education, and Psychology from Southern Connecticut State University. She is currently the Director of Education at Inspirica and teaches Adult Basic Education at Stamford's Adult Learning Center. Allen is a line service technician at a Westchester airport. He also works as a freelance computer technician. He received his Certification as a Professional IT Technician from Comp TIA. The couple honeymooned in Italy, France, and Spain. They currently reside in Riverside.

Heffron - Drenzek



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News & Events

Voo Do:
Volunteers of Orange Do

Mitch Goldblatt, "Experiencing" Orange

Mitch Goldblatt is one of the most recognized people in Orange. One reason, of course, is because he is a former First Selectman but another and perhaps more important is his dedication to the town. He is one of Orange's more visible VooDo's



JODY DIETCH

"It was my parents, Marcia and Barry Goldblatt, who inspired me to volunteer in different organizations and causes," he said.

Mitch recalls his first foray into volunteering in 1972 when he volunteered for the Orange Sesquicentennial (150th Anniversary celebration). Even though he was only 14 years of age, Mitch became involved via the then named Amity Junior High School. "I was on the Junior High Float committee," Mitch recalled. He also served, with his father, on the Revenue Committee. The Stamp Club of Orange, which Mitch served as its president, put out special envelopes and sold them as part of the celebration. Those who know Mitch will not be surprised to find out he still has the program from the Sesquicentennial as well as three scrapbooks. Mitch looks forward to being a part of the town's Bicentennial Celebration in 2022.

As Mitch moved up to Amity High School, his volunteerism continued. "I always volunteered at the carnival in the spin wheel booth. You could win 5 pounds of sugar and a pound of coffee back then," he said with a smile. Now, 40 years later, he is still a fixture at the carnival in the raffle ticket booth.

After college, Mitch moved back to town and became a member of the Orange Democratic Town Committee. He ran for his first elected seat 35 years ago as a constable and has held a continuous elected position ever since.

Some of the other areas where Mitch has and/or continues to volunteer are the Orange Country Fair, which, he noted, originated out of the Sesquicentennial, the New Year's Day Chilly Chili Run, the Lions Thanksgiving Dinner where his son Carl can be found vol-

unteering alongside him, the 175th Anniversary Orange Jubilee, Building Committees for both the Case Memorial Library and the new firehouse on Route 1, the original OGAT Committee and the committee to turn the town logo into the current town seal. He also is the chairman of his Amity High School Class of 1975 Reunion Committee, chairman of the Recycling

Committee and, of course, a member of the Board of Selectmen. His volunteer resume outside of town is rather impressive as well, including BOW Task Force on Violence Prevention, Special Olympics, Loaves and Fishes Food Distribution, United Way and more.

"I volunteer because this is my hometown and I have always felt a great sense of pride living in Orange," Mitch said, adding "I like to do things and help out where I can. The reward is inside. Whether I am helping to plan the parade for our softball team (who made it to the Softball Little League World Series in 2005), or helping with other groups. Whereas I may not belong to many civic organizations, I try to support their events." In addition to son Carl, his wife, Abby, and daughter, Shayna also are regular volunteers both in town and in the area.

"The people who choose to run and be elected should be applauded. People who serve on Planning and Zoning, Wetlands, Board of Education, Finance, and on and on, are volunteers who make this town run including the firemen, those organizing and working the various road races, concerts, elections ... these are things that happen because people make it happen with volunteer work. It is a lot of people doing a lot of different things whether they are ongoing or one time things," Mitch said reminiscing about how after 9/11 Orange had trailers at the Country Fair to collect donations. "So many positive things came out of that" he added.

"You can live in Orange or you can experience Orange. I like to experience it," he said.



PHOTO BY JODY DIETCH

Selectman Mitchell Goldblatt has an extensive history of volunteerism in town.

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Health & Wellness

ON YOUR MIND

Have you ever done something that you needed to be forgiven for? Have you ever asked for forgiveness only to be denied? Do you feel guilty because you have hurt someone, intentionally or not, but have not asked to be forgiven?



FERN TAUSIG

I could start by asking if you are holding a grudge or if you're angry about something, but that would have been too easy. We often choose to see ourselves as victims of hurt without realizing the amount of times we have perpetrated the hurt.

I see forgiveness as either forgiving others or forgiving ourselves. As a hypnotist, I see clients suffering from the inability to do both. The unwillingness to forgive, not to be confused with the belief that one is not 'able' to forgive, is the source of most of the problems my clients face. "I can't forgive" is a common

statement but it should accurately be expressed as "I don't want to forgive" or "I don't know how to forgive." Forgiveness begins with recognizing the real problem. Hypnosis is the fastest way to identify a problem because it is stored in the unconscious mind from the past.

Clients come to me because they feel stressed and out of control of their life. They determine that

Forgiveness

stress causes them to eat, drink, smoke, feel anxious and sleep poorly. The underlying issue is often guilt, anger or fear. Successfully dealing with these issues requires forgiveness, either for one's self or others. Hypnosis is effective because it uncovers and addresses the root cause of the issue that allows for forgiveness. Many of my clients are harboring grudges against their parents, or holding on to anger from being bullied as a child and are not consciously aware of the cause of their anger or negative feelings. Hypnosis gets to the root and permanently removes it.

Forgiveness is defined as "the intentional and voluntary process by which a victim undergoes a change in feelings ... lets go of negative emotions such as revenge... Forgiveness is different from condoning, excusing or pardoning or

forgetting (removing awareness of the offense from consciousness), and reconciliation (restoration of a relationship). Forgiving is not saying that what was done was okay, only that it is forgiven.

One client came to me with sleep issues due to guilty feelings about his elderly mother who was mean and abusive throughout his life. He now has to care for her and the anger keeps him awake at night so he uses drugs to sleep. He hates himself for his feelings. After a few sessions he was able to forgive his mom realizing she had been a victim herself. He forgave himself for harboring the old grudges and was able to sleep soundly without medication.

When you change the way you look at something, the thing you look at changes. Life comes with pain and pleasure, happiness and

misery. The secret to enjoying life is to focus on the positive and be willing to let go, or forgive the misery. You always have a choice. What if the hurt from the past could be seen as a lesson of life? Learn from the lesson and let go of the pain by forgiving.

If you are tired of bearing the burdens of the past with guilt or anger, consider hypnosis to move on to have the happy life you deserve. You are not defined by your mistakes, but by the way you handle them. Learn how to forgive others and yourself.

Check my website for workshops coming up to learn to reduce stress and live happier!

Fern is a certified hypnotist, life coach and health educator.

She can be reached at 203-283-4567.

www.myhealinghypnosis.com.

Peck Place Students To Stay At Yale Through The School Year

by Bridget Albert

Following a water main break Jan. 17 at Peck Place School Yale University is allowing the school to use a building at its West Haven campus for the remainder of the school year. First Selectman James Zeoli and Superintendent of Schools Lynn McMullin announced in a joint press release.

more particularly the Peck Place family, are very grateful to Yale. I want to thank Bruce Alexander and Scott Strobel of Yale for all of their assistance. When our students needed a home, Yale immediately stepped up and provided them with one. Yale is part of the fabric of the Orange community," Zeoli said.

Numerous classrooms and offices were damaged with the flooding; initiating the need for

asbestos abatement work to be completed prior to students and faculty returning to the building.

Initially, Yale University said they had another tenant for the building and the students would have to vacate the building by the end of March.

At press time no date for the move to the Yale campus had been set. An open house is planned prior to students being moved there.

Since the flooding students have been attending classes at both Turkey Hill and Race Brook Schools.

Yale's assistance will allow for incorporating the bond work renovations that were scheduled for the summer, with the building's remediation and State certification.

Zeoli expressed gratitude to McMullin.

"Our Superintendent has

worked around the clock on this issue and has set a great example for her staff," he said.

McMullin expressed her thanks to her administrative staff, teachers and parents.

"Everyone has stepped up to meet this challenge. Our Peck Place principal, Eric Carbone, has worked tirelessly to ensure that the building on the Yale campus will work for our teachers and students," McMullin said.

RECYCLING TIPS



- Orange now provides single-stream recycling to all residents, curbside at no cost. Single-stream recycling means that residents can easily recycle many types of paper, plastic, cans, etc., WITHOUT having to sort it.
- The town pays about \$90 per ton to dispose of municipal solid waste, yet the town gets paid about \$20 per ton for recyclables. Recycling saves our taxpayers about \$110 per ton! Recycling pays!

Student News

Douglas Moquet, Jr. graduated from St. John's University School of Law, in New York, NY, in May. During his tenure, he earned Dean's List and two awards for the highest grades in Property and Interviewing and Counseling. He also served as the Editor-in-Chief of the 75-member International Law Review. Prior to St. John's, Moquet graduated cum laude from Lehigh University in Bethlehem, PA, and the New York Military Academy, in

Cornwall-on-Hudson, NY, where he was the valedictorian and a JROTC Cadet Major. During his final year of law school, Moquet was among the five percent of applicants selected to become active duty officers and lawyers in the Air Force Judge Advocate General Corps. Moquet is the son of Douglas and Linda Moquet, of Orange, and the grandson of Attorney Albert and Elinor Moquet.



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Health & Wellness

BACK TO HEALTH

Reversing Disc Degeneration

There are many things that affect spinal health, but one little known fact is water intake. Lack of hydration directly affects the health of ligaments and most importantly the discs.

The discs are comprised of 88 percent water. Proper hydration is essential for all joint cartilages, tendons, ligaments and spinal disc nutrition delivery and waste elimination. When the body dehydrates, it pulls water out of the ligaments and tendons of the body (vertebral discs) first. If the body continues to dehydrate, the body will pull water out of the organs, eventually the brain and then you will die.

The discs need three things to regenerate:

Motion: Chiropractic adjustments restore motion in the spine. Along with the adjustment, repetitive traction followed by compression of the discs produce a drinking in of water into the discs. This daily motion is required to deliver nutrients and eliminate waste products resulting in proper spinal hygiene.



DAVID DURSO

Water: It is important to drink water continuously through the day rather than drinking only when thirsty. Until recently, it had been thought, once a disc was degenerated and lost height it could not be restored. It had also been thought that loss of disc height could not be prevented. These assumptions are no longer true.

Nutrients: Nutrient (calcium, phosphorous, sulfur, magnesium, vitamin A,C,D, B12, omega-3 just to name a few) delivery into the discs is vital to give your body the building blocks it needs to create new collagenous disc material.

In conclusion, hydration, chiropractic care, and the right nutrients are all the elements essential for spinal regeneration and maintaining proper spinal health.

Dr. David Durso, D.C. is a board certified chiropractor in the state of Connecticut. For more information visit advancedspineandsport.com or call for an appointment at 203-553-9300.

PLEASE RECYCLE



Valentine's Day...
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Home & Gardens

THE GARDEN SPOT

Fabulous February ... Really!

Frigid January is finally gone and February arrives with the promise of warmer and longer days. Twenty-eight days and sweet Valentine arrives in the middle of the month with romance, roses and chocolates! What could be better?

The queen of Valentine flowers, of course, is the rose. The red rose is the most popular choice for Valentine. It expresses romantic love and passion. However, there are many other colors and varieties. In fact there are actually over 100 species of roses. The white rose is a symbol of purity and chastity. A pink rose is often associated with elegance and refinement and the bright and cheery yellow rose denotes happi-

ness and delight (my favorite). An orange rose indicates intense desire, while a lavender rose is whimsical and it can convey a "sense of enchantment and wonder, and is sometimes used to represent love at first sight."

If you are fortunate to be the recipient of some special roses, there are several things you can do to prolong their freshness and your enjoyment of them.

Hydration – Water is super important. Put your roses in a vase $\frac{3}{4}$ filled with warm water.

Use the packet of flower food, if included with the roses, and follow directions.

Remove any leaves that might fall



MARION RIZZO

below the water line. Foliage can cause bacteria and shorten the life of the flower.

Hold the stem of the rose under

water and cut at an angle one inch from the bottom. This prevents bubbles from forming in the stem and maximizes the amount of water that can be absorbed by the stem. Once cut, place immediately in vase.

Check water levels daily.

Repeat these steps every three days for optimum vase life. The flowers should last about seven days.

Another fun February activity to is to attend The Federated Garden Clubs of Connecticut Standard Flower Show titled, "Backyard Paradise" at The Connecticut Convention Center, Feb. 20 to 23. Held in conjunction with the Annual Connecticut Flower and Garden Show, this unique event will inspire, edu-

cate and lift your spirits. Floral designs, flowers, horticulture, landscape designs and an opportunity to speak with the experts are there for your enjoyment and information. Award winning Orange Garden Club members, Patricia Dray and Diana DeFillippo, are submitting an original design and arrangement. Sandy Horling and Diane Geary will be competing for an educational award with their exhibit, "Humming Along With the Bees." Visit www.ctflower-show.com for further information and details. It's never too soon to think about your spring garden!

Marion Rizzo is former president of the Garden Club of Orange.

JUST FLOORED

Warming Up The Floors

During the coldest months of the year, tile and wood floors can feel extra chilly to your toes. There are several ways to warm up your floors.

The simplest way to keep your toes warm during winter is to wear some extra thick and soft socks and slippers. When spending the day at home, having the perfect slippers not only keeps your feet comfortable, but helps keep you warm without having to adjust the thermostat.

A portable and fun option for lounging around is the fun Yogibo. Available in a range of sizes and colors, these super comfortable bean bag style chairs conform to your body and can be used to relax in a variety of positions. For playing games

or watching a movie, the Yogibo makes even the chilliest floor the perfect spot to curl up with a warm blanket!

Cold weather means it's time to snuggle under a perfectly warm blanket. Why not treat yourself to something really luxurious to wrap up in on a chilly night? Pottery Barn has a range of faux fur throws in different colors, but each is super warm and soft. Another fantastic throw blanket is the Plush Throw from Restoration Hardware. Can you imagine curling up in front of a fire with one of these?

Adding an area rug is a simple way to warm up a room — literally. The rug acts as insulation between a cold floor and the rest of the room,



ANNAMARIE AMORE

especially if the floor is over an unheated garage or basement. For the warmest option, look for a wool rug. It provides the best insulation and, with proper care, will last for many years. Other materials offer a less expensive option; if you choose one of

these, look for a rug with a high stitch count. Adding extra rug coverage during the winter can go a long way toward keeping your feet warm!

If you already have the right amount of area rug coverage but still want to warm up a room without turning up the thermostat, consider adding an Under Area Rug Warmer. These electric heating elements are installed under area rugs to provide additional warmth. As a bonus, the heat from these units tends to help warm up the entire room, not just the rug itself. Easy to install and remove, area rug warmers such as one offered by Rug Buddy could be just what your home needs this winter.

Be sure to follow directions for

any such product carefully and consider using protection between the floor and the heater. If in doubt, contact your flooring manufacturer.

For homeowners planning to install new flooring, under floor heating may be the perfect solution. Heated floors are a wonderful thing to have in the winter, especially if you prefer the look of tile or stone but don't want to sacrifice comfort for a large part of the year. If you have questions about heated floors, I would be happy to help you learn if this option is right for you.

Annamarie Amore is the owner of the A.A.I. Flooring Specialists. She can be reached at amoreinteriorsllc@yahoo.com.

Autism Spectrum Disorder Funraiser Features Fred R. Volkmar M.D.

The Bethany Leapley Autism Spectrum Disorder Scholarship Fund has announced that Fred R. Volkmar, MD and Pam Ventola, Ph.D. will be the guest speakers at the Wine & Craft Beer Tasting Fundraiser event on Saturday, Feb. 1, 7 p.m. at St. Barbara's Church in Orange. The wine and craft beer tasting event, emceed by television and radio talent Tony Terzi, will also feature hors d'oeuvres and appetizers, a silent auction, and entertainment provided by DJ Jay.

Volkmar is the Irving B. Harris Professor of Child Psychiatry, Pediatrics, and Psychology and the Director of the Yale University Child Study Center at Yale University School of Medicine. He is also the Chief of Child Psychiatry at Yale-New Haven Hospital. Ventola is the Assistant Professor at the Yale Child Study Center. Both presenters are honored to participate in this 1st event to raise funds for scholarship awards to children and adults for the soon-to-be opened

Autism Spectrum Disorder Fitness Center on Racebrook Road.

The ASD Fitness Center, scheduled to open in April, is a facility designed specifically to provide a safe, comfortable and structured environment for empowering individuals with ASD to improve their fitness, nutrition and social/emotional well being. Founders Adam and Dedra Leapley were inspired to create a specialized gym for individuals with Autism Spectrum Disorder based on their own experience of raising a child with ASD. Adam Leapley said, "We believe in an overall healthy mind and body and introduced our son to a personal trainer last year who had experience with ASD individuals. This led to his improvement physically, emotionally, and socially." Recognizing his son's talent for mentoring others on the Spectrum through his work with such organizations as "Unified Sports" and the "Best Buddies" program Leapley thought that a specialized gym

would give his son the opportunity to translate his strength for working with others into a career.

Tickets for the Wine & Craft Beer Tasting Fundraiser, held at 480 Racebrook Road on Feb. 1, are

\$100 per person and must be purchased in advance. Tickets can be purchased online via Pay Pal at AS-Dcharity@gmail.com. Payments made by checks should be payable to The Bethany Leapley ASD

Scholarship Fund and mailed to: Rick Polio, fundraiser chair at 17 Ironwood Way, Orange, CT 06477. Donations are also graciously accepted.

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Home & Gardens

REAL TALK:
YOU ASK, A PRO ANSWERS

Investment Property or a Second Home?

You have heard me say, “best time to buy” many times in my articles. The lending programs are actually making it more attractive to do so. For instance, if you have a grown child who needs an apartment, why not buy instead? This young person who does not qualify enough to purchase a three family home alone, or a small condo, yet with a parents’ co sign, he or she can be part owner of a property with you.

Ralph Negri who represents Mortgage Master Incorporated states that only one applicant needs to be in an “owner occupied” status to purchase. This means that you can invest as little as 3.5 percent as a down payment, and still reap some of the benefits of investment property profits. Plan to put your child in one unit and rent the others,

if you see a multi that sparks your interest. You are taking advantage of the first time homeowner theory, giving a gift of the down payment and now you have yourself a better use of that extra money you have had in the bank. You can buy up to four units this way! There are variations of the complete escrow amount needed in certain instances, such as in income to qualify alone.

Lending has “across the board” rules and regulations, however, the difference between mortgage brokers is that some are better counselors and they know exactly which bank will take your specific scenario. These brokers are also thinking ahead to the problems that could arise. Sit with your lender first, this way you can make sure they can accommodate you. From self employed buyers, to those with



BARBARA LEHRER

multiple properties, each buyer has a different scenario.

Every deal has its own “personality” and its own limits, from Veteran loans, to FHA to Rehab loans, it is best to sit with the broker before you even look at properties. You certainly do not want the dis-

appointment that comes with being short on qualifying, or on funds, after you find a property, but you would be surprised at how many clients I have had who did not know that they qualified right now, especially with the way that the prices have declined! As Ralph Negri states, all the lenders have the same rules to follow, yet the rate and most importantly, the access to as many banks as possible, gives your lender bargaining power and more assurance that the company you choose can do your loan.

Thinking about purchasing a second home? As long as you qualify, you can buy with 5 percent down also! A small place on the beach, a condo in Rhode Island or a place shared with your siblings for holidays. Of course, this property is especially for you, it is not to

be used as rental income. With a rental property, you would need a down payment of 25 to 30 percent of the purchase price.

Many new homeowners are taking a variable rate mortgage these days, since they are not sure how long they will live in the area and it qualifies them for more of a house. The correction of value to purchase price is constantly changing and if you hold onto a property for the length of the 5 yr ARM and buy now while the cost is down, there is a good chance you will have had a substantial savings over time.

If you need more information on these issues email me at Barbara.Lehrer@cbmoves.com.

ROOM 911

Don't Be Afraid Of The Dark

I would be a rich woman if I had a nickel for every time I heard a client say, “I want light colors on the walls. I want to open up the room and make it brighter and let’s just paint everything white. No muss, no fuss!”

Well, in certain areas this would work (a long corridor with poor lighting, for example) but to make many rooms more dynamic, you actually need to use color. A deep, rich color on the walls framed by crisp white woodwork -baseboard, crown moldings, doorways, etc. brings life to a room. It becomes a perfect background for hanging artwork and in many ways, enhances the pieces.

For many this would be a big leap of faith. “I’m afraid of color.

Which color? How do I tie that into the other rooms? I’m tired of white and/or beige but it’s safe. At least, the room will look freshened up with a new coat of white paint. Right?”

Paint color is tricky. The same paint will look different in different parts of the room and at different hours of the day. Do you want warm deep neutrals (yes, those are colors), or rich browns, yellows, persimmon, or cooler colors but still something with depth such as slate blue, celadon green, a smoky lavender or rich shades of gray? In a living room or bedroom the answer can depend on the colors of your carpets and window treatments. What other rooms can you see from that room? One word of caution: Do

not pick up a speck of color you see, for example, in an oriental rug and decide that should be the room color. An accent color should always remain what its intention is, an accent. What is the dominant shade of your carpet? Do not try to “match” the color. Instead, opt for a shade or two lighter (but still a color with depth) or a shade or two darker. The idea is to make the colors blend, never match. Matching makes a room look trite with little dimension. Going up or down a shade (but still in the same color family) gives a room a layer of subtle changes. Also, try to go for a flat finish. This helps hide imperfections in the walls (with a high sheen finish the light will bounce off all the lumps and



TEDRA SCHNEIDER

bumps.)

Using a real color also brings to life traditional or historical homes.

It updates it and makes the fine antique details pop out. In architectural contemporary homes, while white can be a perfect color, (mainly because rooms and sloping ceiling lines run into one another), color can still be used to set off a wall of artwork or where a natural transition into another space occurs.

If you are brave enough to use a truly dark color, confine it to a bathroom or a small space. Here is an example of a guest bathroom:

Dark, chocolate brown, almost espresso colored walls, crisp white painted woodwork, honey colored

vanity, with a golden onyx top and backsplash, and travertine colored tiles, set on the diagonal. The bathroom accessories, faucets, towel rack, etc. are antique brass (avoid the highly bright gold fixtures). The towels and guest towels were set up to give the bathroom a new look from time to time. Pattern A – Crisp white hand towels and guest towels. Pattern B- Jungle pattern in a leopard print, and gold and brown guest towels. Pattern C- Celadon green hand towels and guest towels in the same color. To complete the room and break up some of the dark wall, a lovely matted and framed print was hung over the towel rack. A trailing ivy plant was placed on the back of the toilet, near the light of a window.

One caveat- Lighting, lighting and more lighting. This is a must whether its ambient lighting set on a dimmer, recessed lighting or uplighting to either feature an object or bring atmosphere to an area. Without sufficient lighting, even the old familiar stand-by “white” will look dingy.

Tedra Schneider is the founder of reStage, a division of Tedra Associates, Inc. She has worked in residential/commercial interior decorating and design and can be reached with questions or comments through her website, www.restagebytedra.com.

UNH Offers Free Seminar

The University of New Haven will host a free professional development seminar titled “Disruptive Innovation” on Tuesday, Feb. 11, 5:30 to 7 p.m., in room 146 of UNH’s new Orange Campus, located at 584 Derby-Milford Rd.

Speaker Thomas Giordano

will be introducing this business dilemma that affects organizations across the world every day, where firms ignore outside innovation encroaching on its market until it’s too late. RSVP to corporate@newhaven.edu or 203-479-4255.



Public Meeting

Orange Plan of Conservation & Development

The Town Plan and Zoning Commission is updating the Town Plan.

Come and tell us what you think our priorities should be for the future!

Tuesday February 25, 2014

7:00 PM to 9:00 PM

Gymnasium @ High Plains Community Center

525 Orange Center Road

PLEASE PLAN ON ATTENDING!



Amity Girls' Basketball Almost Perfect



PHOTOS BY LEXI CROCCO

Kathleen Feng, #32, dribbles away from the opposition and Mikaila Schmitt, #10, leads the offense during a recent game.

by Brian McCready

The Amity girls' basketball team is off to an exceedingly strong start as they've compiled an 11-1 record as of press times.

This month the team has won five in a row including wins against Lyman Hall, Jonathan Law, Cheshire, Daniel Hand, and Shelton. Amity's last loss was against Mercy in its second game of the season. Amity is undefeated in its

league and ranked 13th in the state.

"I feel we are progressing well at this time. We are improving every day and working hard both in games and in practice. We just are coming off a great win versus a competitive Hand team and are going to be challenged with our next three games. I am excited to see how we do in the next week," said head coach Michelle Martinik.

Martinik said it's hard to just pick out a couple of players who've

made an impact on Amity's team thus far. Amity has nine seniors on its team.

"Chloe Brinton has really stepped up this year and has taken on a great leadership role on and off the court. Mikaila Schmitt has also done a great job down low and an all-around electric player," Martinik said. "Janae Graham is taking control as a leader as our point guard and always defends the best player on the other team. Molly

Ronan has been a force to be reckoned with down low leading our team with rebounds."

Brinton has made 12 three pointers and is averaging 14.5 points per game, and is shooting 77 percent from the foul line. Graham is averaging 10.7 points per game, and Ronan is averaging 9.6 points per game.

Martinik said she's very proud of her team's performance.

"If you ask any coach if they

would take 11-1 out of the first half of the season I don't know too many that would say no. We knew early on that Mercy was going to be a big challenge at the beginning of the year. We are hoping that working hard all year will prepare us for them in the post season," Martinik said. "We are coming together and elevating our play both offensively and defensively. I'm excited for the second half of the season."

Amity Boys' Swim Team Still Perfect

by Brian McCready

The Amity boys' swim team ran its record to a perfect 6-0 including three swim meets this month.

Amity defeated Sheehan 94-76, it won against Hamden 98-80 and Amity defeated Lyman Hall 101-70.

Head coach James Todd Rainey provided brief recaps of each meet.

Amity versus Sheehan

200 yard Medley Relay: A- 1:43.60 Stephen Cheung, Ben Clemens, Adam Ambrose, Charlie Pite, 200 yard Freestyle: A - 1:48.86 A.J. Pite, 200 yard Individual Medley: A- 2:08.17 Adam Ambrose, 50 yard Freestyle: A- 22.97 Charlie Pite, Diving A- 130.65 Allie Germano, 100 yard Butterfly: A- 58.85 Ben Bacal, 100 yard Freestyle: A- 50.40 Charlie Pite, 500 yard Freestyle: S- 4:58.88 Connor Robison, 200 yard Freestyle

Relay: A- 1:34.91 Ben Clemens, Ben Bacal, AJ Pite, 100 yard Backstroke: A- :58.04 Stephen Cheung, 100 yard Breaststroke: S- 1:15.56 Phillip Recalt, 400 yard Freestyle Relay: S- 3:45.54 Robert Hacku, Stephen Iovanna, Connor Robison, Carl Thurston

Amity versus Hamden

200 yard Medley Relay: A- 1:43.60 Stephen Cheung, Ben Clemens, AJ Pite, Charlie Pite, 200 yard Freestyle: H- 1:56.54 James Ahn, 200 yard Individual Medley: A- 2:08.88 Adam Ambrose, 50 yard Freestyle: A-23.03 Charlie Pite, Diving A- 139.95 Allie Germano, 100 yard Butterfly: A- 54.36 AJ Pite, 100 yard Freestyle: H- 51.59 James Ahn, 500 yard Freestyle: A- 5:09.23 Charlie Pite, 200 yard Freestyle Relay: A- 1:34.91 Ben Clemens, Adam Ambrose, Charlie Pite, AJ Pite, 100 yard

MENGOLD continued from page 1

155 SCC Housatonic Division titles, 16 Connecticut coaches' association coaches of the year, nine national high school coach of the year finalists, and six Gatorade state players of the year.

Long-time Amity girls' volleyball coach Paul Thees, who also announced his retirement this year, reflected on Mengold's legacy.

"Paul Mengold has taught thousands of students, coaches and educators the true meaning of interscholastic athletics. He understands that high school sports, above all else, teaches young men and women life lessons focusing on teamwork, perseverance, dedication and pride," Thees said. "During his career he has built one of, if not the most extensive high school athletic programs in the state on a foundation of integrity and sportsmanship."

"I will always remember him as

a man who combined conviction with a strong sense of humor to accomplish the most daunting tasks. A handshake was always there to congratulate me after a milestone win or important game victory. I learned so much from him as a mentor that I will carry with me wherever I go. He will be greatly missed by the entire Amity community," Thees added.

New Superintendent

The Amity school board selected Dumais earlier this month. He served as Newtown High School Principal since 2008.

"He has a real passion for everyone, the students, parents and staff," Blake said of Dumais. "He has tremendous enthusiasm for the job."

Dumais' first day on the job will be March 1. Nast will remain the interim superintendent until then.

Blake said the school board was impressed by Dumais' great com-

munication skills. Dumais operates his own blog and communicates directly with staff and students.

Blake said it was also apparent that Dumais was instrumental in helping the Newtown community heal after the tragic school shooting.

What also impressed board members about Dumais is the fact that anyone could bring any issue to him and he'll listen to them.

"He's a real visionary," Blake said. "Education is changing and we need to change with it and we have hired a great educational leader. I look forward to him leading the school system forward."

As for Nast, Blake said, he continues to impress everyone.

"Mike keeps the ship afloat and headed in the right direction," Blake said. "Mike listens to and respects people. We're fortunate to have him."

SPORTS

Boys' Basketball Off To A Slow Start



PHOTOS BY LEXI CROCCO

Amity's David Ryan , #25 left, looks on as a teammate goes up for a shot in a recent game. Amity's Chris Winkel, #44 right, goes up for a shot during a recent game. The Amity boys' basketball team is off to a 2-6 start as of press time. The team has lost its last four games including contests against Wilbur Cross, Cheshire, Xavier and Shelton. Amity's last win was against Woodland Regional, which was a 79-51 victory. Amity is winless in its league.

Amity Girls' Hockey Team Making Strides

by Brian McCready

The Amity, North Haven, Cheshire Girls Ice Hockey team began the season winning three of its first four games, but a recent losing streak has evened the team's record at 4-4.

"The problem has been goal scoring, or their lack of," said Assistant Coach John Peschell.

The Blades have been shut out by Guilford 2-0, East Catholic 8-0, and Simsbury 6-0 respectively in their last three games.

There have been positives in their woes of late. Solid goaltend-

ing by Hannah Cremona, hustle from forwards Emily Gotowala, Bailey MacNamara, and Catherine Babbidge, Peschell said. Defensemen Alyssa Stevens and Abbie Lange have played well and Emma Farrell has brought some spark to the locker room, the coach said.

"The Blades just need to find a way to sustain some offensive pressure. The coaching staff has decided to shuffle some lines to try and create a spark to get them heading in right direction," Peschell said.

The schedule doesn't get any

easier with rematches coming up with Simsbury and East Catholic as well as a date with Hamden.

The season's initial strong start was a result of a strong freshman class and great leadership by captains Kristen Whyte, Lange and Sara Weiderecht.

Two of the freshman, Meaghan Francis and Cremona really shined in the early going, Peschell said. Francis has been the leading goal scorer and Cremona has been a welcomed addition playing goalie, the coach said.

"She recorded a shutout in a 3-0 season opening win over Fair-

field-Ludlow," Peschell said.

The Blades defense is led by the two time all-stater Lange along with Caitlin Early, Elle Handler, Jenna Casman and Stevens. Key contributors on offense have been Gotowala, Babbidge, Farrell, Alexa Carbone, Peri Sosensky, Rachel Kozak and McNamara.

The Blades biggest win in the short tenure of head Coach Scott "Doc" Whyte came as they knocked off perennial state power West Hartford 4-2.

The season is in its early stages but the Blades are growing to-

gether and team unity has been the reason for the early success," Peschell said.

Other key contributors to the Blades this season have been, Taylor Bond, Emily Simon, Allison Johnston, Stephanie Satanick, Carly Hunter and Manager Molly Pines.

"We are pleased with the efforts being put forth by the girls both in practice and in the games. It should help lead them to a great season and the future looks even brighter for the Blades with a lot of strong skating under classmen," Peschell said.

Business

Business Briefs

The Piscitelli Agency, State Farm Insurance of Orange is proud to introduce three new team members. Michael Thompson is licensed in Property, Casualty, Life and Health and has been in the industry for almost 10 years. He relocated from Massachusetts to the Orange area. Tiffany Richards is licensed in Property and Casualty and lives locally with her family. Sandra Sevilla is State Farm trained and joins the agency in customer service and marketing. The agency mission is to help

INSURING YOUR FUTURE

people manage the risks of everyday life, recover from the unexpected, and realize their dreams.

The **Orange Chamber of Commerce** has elected four to its Board of Directors. Silveras Sboui, vice president and Customer Service Manager of Peoples United Bank where she's been employed for 13 years, Cheryl Sullivan, director of sales, Courtyard by Marriott Orange, Joan Zorena, with New York Life Insurance Company and Stephen Hechtman, publisher of *The Orange Times*.

Spirit Of Giving

PHOTO COURTESY OF COLDWELL BANKER
The Coldwell Banker Residential Brokerage office hosted its 3rd annual toy drive for the Yale Toy Closet over the holidays. It was an overwhelming success! Pictured with some of the items collected are John Cassidy, Aileen DeFeo, Barbara Lehrer and Nancy Griffin. Thank you to the community for embracing the spirit of giving and participating in it year after year! The REALTORS also participated in the annual "Senior Stockings" program for the 10th year. They joyfully filled the "stocking" with lots of goodies to distribute to the seniors through the Orange Community Services Department for the holiday season. Coldwell Banker Residential Brokerage "believes" in giving back to the community and is proud to participate in these wonderful programs year after year.



Is Insurance Part Of Your New Year's Inventory?

Every January I take stock of how much weight I gained over the holidays, how I need to get back on the exercise regimen, and things I need to "take care of" this year. Very often our personal inventory does not include pulling out those insurance policies that we took out several years ago, following up on those quotes that our agent sent, or doing what our financial advisor suggested last year when we did our taxes.

These are some items that should be included in your inventory:

Life Insurance

Is the death benefit on your term policy adequate to cover your family's financial needs for the length of time you intended?

Do you still need the same death benefit?

Is it time to extend the term? Is that necessary. Perhaps you should consider converting to permanent insurance as most people need or want some permanent insurance perhaps with a lower death benefit.

Have you quit smoking since you took out your original policy? If so, Yeah!!! You can request the insurance company to re-quote as a non-smoker which could reduce your rate.

Long Term Disability -If you have your own policy, is the benefit the maximum amount for which you are eligible? The benefit should keep up with your current salary because spending certainly has.

Long Term Care - This is that insurance you intend to learn more about, but never do. There are various levels of Long term care insur-



TRISH PEARSON

ance that is available. While considered to be "expensive" it is not as expensive as trying to figure out how to cover the cost of a nursing home or

in home care for a family member who is incapacitated.

For the Business Owner

Business Overhead Expense - If something should happen that keeps you from going to work, will your business run without you? For many small business owners the answer is "no." One way to insure that your business will continue to operate is to purchase an insurance plan that will cover operating costs including payroll, employee benefits and other fixed expenses until you are able to resume normal activities. This can keep you "in business" and keep the doors open even when you are not there due to illness or injury.

For all of the types of insurance noted above, age and health are key factors that drive rates and eligibility.

Unfortunately we don't act until the need arises and then it is either impossible or extremely expensive to purchase these insurances. So, in addition to losing that 15 pounds, organizing the basement and embarking on an exercise program why not add making an appointment with an insurance agent to determine which plans you should have in your insurance inventory. You may find out that it is less expensive than you think and it's one less thing on your "things I need to take care of" list.

Here's to a Happy, Healthy, 2014!

Trish Pearson is a licensed independent insurance agent and certified Long Term Care Specialist. Contact her at 203-640-5969 or trishpearson281@gmail.com.

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Wine & Dine

CHEERS!

Let's Make A Party



RITA PEPE

The weather has been cold and windy. The winter is here for a few more weeks. What can we do to get over these winter blues? Let's have a wine tasting party!

Though I have done wine tastings of my own in the past, for this article I did some research online. I also found a great re-

source in a book called The Wine Bible by Karen MacNeil. The book told me how to taste the wine while the online sites told me how to bring the party together. The sites I liked best were about.com, RealSimple.com and wine folly.com.

There are many reasons for having a wine tasting; to try new wines, broaden your knowledge and experience different wines with friends. All wine tastings have one thing in common: using only one variable. One way is to serve the same wine and producer but from different vintages. You can taste the differences from year to year. Another way can be to focus on one grape varietal from the same vintage(year) but from different regions. This can

help us to identify the different styles of the wine producers and show that grapes grown in different regions will provide a variety of tastes. Terrior is a wine term that encompasses this idea.

To enhance this experience each guest should have an opportunity to evaluate each wine. Create a wine score card for each wine served that includes smell, taste, finish and overall appeal. Make sure to add the name of the wine, producer and price.

Smell - First swirl the wine in the glass. Hold the glass on the table by the stem and move in circles. Put your nose in the glass and take three short sniffs. Smell includes aroma and bouquet.

Taste - A combination of body, texture and flavor. The body of the wine runs from

light to full like the weight of skim milk to half and half. Texture is the mouthfeel. Roll the wine in your mouth and think of silky, soft or smooth. For flavor, the wine needs to be held in your mouth and try to identify the fruit, spice, vegetable or even chocolate.

Finish - "The extent to which a wine's aromas and flavors persist in your mouth even after you swallowed," according to the Wine Bible. Great wines of every type have a long finish. You should be able to taste and smell it after you swallowed.

Overall appeal - This is when your opinion counts. What do you like?

Finally, let's get this party started. If you are having a party for six people have four to five different wines and two bottles of

each. This allows one for tasting and one for drinking afterward. Bread sticks, crackers, olives or nuts are all good snacks to serve during the tasting. After, you can have dinner, desserts or end the party with the scorecard reading for each.

Remember, in general buy the same wine with only one variable. For example buy pinot noirs with the same vintage but made in different regions(CA,OR,NY). Good wines begin with simple fruit flavors. Better wines have a full flavor and taste that expands in your mouth and lingers after the swallow. Most important of all have fun, enjoy your friends and try new wines.

Contact Rita with your comments and recommendations at Cheers06477@gmail.com.



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DINING OUT!

Redfish Grill

A Seafood Gem In Orange

This was our second visit to the Redfish Grill, located at 285 Boston Post Road. Our experience each time was flawless from the time we were greeted and seated to the introduction of our waitress Cassi. After ordering two glasses of Riesling wine the evening specials by executive Chef David were shared with us.



TWO GUYS

Mix grilled kabob with tuna, sea bass, salmon and tomato, also a seafood combo of swordfish, tuna, and salmon with onion and tomato in addition to tilapia over spinach and linguini.

While deciding we ordered their crispy calamari which was tossed in a spicy pepper mix with chipotle aioli. The calamari was not over fired and was very tender and delicious. The chipotle dip was a great change from the usual marinara sauce.

The menu certainly is impressive with many selections of fish starting with appetizers which are large enough for sharing such as Redfish signature crab cakes, fresh raw oysters, seared Ahi tuna and Santorini shrimp. For those non-fish lovers they have Asian chicken dumplings along with a great selection of salads.

We were most impressed with their selection of grilled fish (Redfish, Chilean sea bass, sea scallops, shrimp, Scottish salmon, Ahi tuna, swordfish, tilapia and rainbow trout) that comes with your choice of two house sides and a choice of sauce.

For non-fish lovers, they served Santorini chicken, made with feta cheese, artichoke hearts, lemon caper, butter

sauce along with marinated grilled chicken, filet mignon and N.Y. strip each also served with a choice of two sides.

For your hand held foods they have lobster rolls on a toasted buttery roll, fried scrod, fish taco and ahi tuna burger.

Robert ordered the tilapia over spinach and linguini, he said

it had a delicate lemon flavor and was cooked to perfection. My order was the grilled sea scallops and shrimp served with grilled asparagus and oven roasted potatoes. It was presented artfully and was delicious. Their portions are large so we both had to take the remainders home.

We ended our meal by sharing a fresh baked chocolate chip cookie served with vanilla ice cream, whipped cream and chocolate sauce. It was served fresh from the oven and was more than enough for two. We certainly devoured and enjoyed it with two cups of decaf coffee.

They also have a large friendly bar. The bar seats more than 14 plus 16 seats for dinner and lunch. It looks like a great space to meet or just relax after a day's activities. All this in a comfy décor of soft lighting, blond wood tables and chairs with green panel walls creating a superior concept with great food and atmosphere. We are certainly looking forward to returning

Two Guy's are Vincent Farricelli and Robert Modena. Both reside in Orange and have agreed to share their restaurant adventures.

Arts & Entertainment

Arts Matters

“Art is not what you see, but what you make others see. Edgar Degas

THE GALLERY AT TOWN HALL (617 Orange Center Road, Orange) features four artists, Amity High School students who are members of the National Art Honor Society – Seniors Elizabeth Pallman, Aliyah Oestricher, Jeremy Wolin, and Junior Sarah Stein. A well-attended reception honoring the artists was held on Jan. 8 and attendees viewed with interest and appreciation the displayed artwork. The work is varied, ranging from linoleum cuts, drawing, painting, collage and photography. The show can be viewed during regular Town Hall Hours (Monday to Friday 8:30 a.m. to 4:30 p.m.) through February. It is well worth a visit to see the work of our talented Amity artists.

ART IN THE LIBRARY features the work of two artists in January; Orange artist Jean Mairano, and West Haven artist Ellen Hov-erkamp.

Jean, who works at Orange Center Dentistry, has lived in Orange for over 40 years. She studies watercolor with Miriam Mills in Milford. Her work reflects her travels and her love of flowers and birds. Ellen is a retired West Haven art teacher and uses a flatbed scanner and computer for her large and vividly colored compositions. In February, The Orange Imaging Club, a photography club that meets regularly at the Library, will have an exhibit of some of their members' work.

DAVIS GALLERY (200 Boston Post Road, Orange) features the work of Kyle Green, an artist who works in acrylics, in “things, an exhibition of fantastical creatures” the likes of which we have not seen! They are sure to spark your imagination! The work of Joob Whitman remains on view as well. Her vivid paintings of nature capture its grandeur and promise to deliver ‘a piece of the outdoors’ to viewers.

MUSIC ON THE GREEN, sponsored by the Orange Congregational Church (205 Meeting House Lane), presents a concert on Sunday, Feb. 23, at 4 p.m. Music Director Bryan Campbell plays the Woodruff Memorial Organ, presenting “Keys to the Alphabet,” a musical program featuring the works of Bach, Couperin, Franck and others. This concert is part of the 2013-2014 Music on the Green Series. The series was initiated as a fund raising activity to restore/replace the original church organ. It proved to be so successful that it was decided to continue the concerts after the successful installation of the updated organ. The varied concerts are a wonderful addition to the cultural life of our town and are appreciated by Orange music-lovers. The admission cost is \$10. Go to www.orange-congregationalchurch.org or call 203-795-9749 for more information on this concert or on the concert series.

CENTER STAGE (54 Grove Street, Shelton) presents the theatrical classic, “Fiddler on the Roof” on

Fridays and Saturdays at 8 p.m. from Jan. 31 to Feb. 15, and matinee performances at 2 p.m. on Sundays: Feb. 2, 9 and 16. There will also be a 7 p.m. performance on Thursday, Feb. 13. This musical favorite opened in 1964 in New York with Zero Mostel in the leading role and remains one of the longest running shows on Broadway. The heart-warming show, set in Tsarist Russia in 1905, depicts the joys and sorrows of relationships and the conflicts between traditions and outside forces. Tevye, the main character, is the father of five daughters, each of whom creates controversy in her choice of a husband (instead of the choices offered by Yente, the match-maker) and moves away from accepted tradition. All this is compounded by an edict from the Tsar to evict Jews from their village. The score includes familiar songs such as “If I Were a Rich Man”, “Sunrise, Sunset,” “Do You Love Me?”, and “Tradition” among them. Marc Garofolo, whom many remember as the former mayor of Derby, plays the role of Tevye. (centerstageshelton@sbcglobal.net) or call 203- 225- 6079 for tickets.

CENTER STAGE AUDITIONS for the next production “Inherit the Wind” will be held on Saturday, Feb. 1. Both experienced and new actors are sought. People auditioning will be given sides from which to read. There will be 10 shows performed on three weekends from March 28 to April 13. “Inherit the Wind” is a fictionalized version of the famous Scopes ‘Monkey Trial’ that pitted Darwin’s theory of evolution against fundamentalist beliefs. Scopes was tried for teaching Darwin’s theories in a public school in Tennessee. The trial lawyers fought titanic battles — for they were famous figures of the time in law and politics — Clarence Darrow and William Jennings Bryan. For an appointment, call 203-225-6079.

EASTBOUND THEATRE, sponsored by the Milford Fine Arts Council, mounts the Neil Simon show “Chapter Two” on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. from Feb. 7 to 23. The play is semi-autobiographical and deals with a recently widowed writer who meets a recently divorced soap opera actress and how they cope with a new relationship — chapter two! Tickets are \$17 for General admission, \$15 for seniors and students. Call 203-878-6647 or go to www.milfordarts.org.

ACES EDUCATIONAL CENTER FOR THE ARTS (55 Audubon Street, New Haven) presents one-act versions of Shakespeare’s “As You Like It” and “Twelfth Night” on Thursday, Jan. 30 and Friday, January 31. (Snow date, Feb. 1) For information, contact schaeffer@aces.org or call 203-777-5451.

NEW HAVEN SYMPHONY ORCHESTRA continues its series of family concerts with the NHSO

PAT MILLER

Jazz Quartet and renowned Connecticut storyteller, Tom Lee in a program called “Tales and Tunes” on Saturday, Feb. 8 at 2 p.m. (Davis Street School, 35 Davis Street, New Haven) and on Sunday, Feb. 9 at 2 p.m. at Shelton Intermediate School (675 Constitution Boulevard, Shelton). With rhythm the focus of an interactive concert, all can join in the telling of pattern stories and the singing of familiar songs. The event promises to engage the whole family in the wonderful world of music — stories and foot-stomping music from NHSO musicians. Before the concert, at 1:30 p.m. there will also be another discovery of instruments for children attending the concert, where they will be encouraged to touch, to explore and to experience musical instruments with the guidance of NHSO musicians. New Haven Reads will also give a free book to each child. Tickets are \$15 for an adult ticket, with free admission for one child. Each additional child admission is \$5.

THE ORANGE ARTS AND CULTURE COUNCIL will once again offer a free bus ride to the New Haven Symphony’s concert on March 27 at 7:30 p.m. “The Huntsmen of Wagner, Strauss, and Beethoven” at Woolsey Hall (500 College Street, New Haven). Is a celebration of German romanticism; the music will include Strauss’ stirring “Horn Concerto No. 2,” Wagner’s haunting “Siegfried,” and Beethoven’s peasant dancer reveling in the “Pastorale.” The concert will begin at 7:30 and conclude at 9:30. The bus transportation is made through the generosity of the Orange Women’s Club, the Winkle Bus Company and the support of private donors in cooperation with the OACC. The bus will leave High Plains Community Center at 6:45 p.m. and will return there at 10 to 10:15 p.m. To reserve a seat on the bus, call Pat Miller at 203-397-8915. Concert tickets may be obtained by calling 203-865-0831 or going to www.newhavensymphony.org.

AMITY CREATIVE THEATER will present “In the Heights” as its Spring musical. This should be an exciting production. The show features an ensemble cast and the action takes place over three days in the largely Dominican-American neighborhood in Washington Heights, New York City. The show opened in 2008 and was nominated for thirteen Tony Awards. It won four—Best Musical, Best Original Score, Best Choreography, and Best Orchestral Arrangements. Shaylen Harger of Orange will play one of the leads. More information will follow — plan to attend - the Amity Spring Musical has become a ‘don’t-miss’ community event.

CHRISTIAN SANDS has again been nominated for a Grammy as



PHOTO BY PATRICIA MILLER

Stephanie and Sylvester Sands, are shown presenting a \$500 check to OACC Treasurer Bradford Gesler, a donation from from their son Christian, a jazz pianist who is a rising star in the music world. Christian was a protege of the legendary Dr. Billy Taylor, who produced the first of many of Christian’s CDs.

part of Chris McBride’s group, for “Best Jazz Ensemble.” As most of you know, Christian attended Turkey Hill School and the Amity Schools, went on to Manhattan School of Music on full scholarship, obtained his Bachelor’s degree and continued studying for his Master’s degree, which he completed in May. Christian maintained an active performing schedule during and after high school and college throughout the continental United States and in Japan, Denmark, Bahamas, Hawaii, Saudi Arabia, and many other venues in many other places. He was a protégé of the late jazz great Dr. Billy Taylor, and made his first CDs under his sponsorship. He is an ascending artist becoming increasingly well known and increasingly in demand in music circles.

He is playing in New York and in the upcoming Dallas and Savannah Jazz Festivals. He and his brother Ryan, a drummer and player of many other instruments as well, who is presently a student at The New England Conservatory of Music in Boston, spent the summer in Denmark performing, giving workshops and teaching. Christian performed at The Village Vanguard in New York City this month, among other places. We are proud of the accomplishments of both of these young men.

REVOLUTION HARMONY presented by Music Haven’s String Quartet is joined by colleagues from Providence, Rhode Island’s Community MusicWorks for an inspiring concert on Saturday, Feb. 22 at the Unitarian Society of New Haven (700 Hartford Turnpike). The music will be the works of Bach, Wojciech Kilar and others. There is a pre-concert talk at 6:30 p.m. The concert will begin at 7 p.m. General admission is \$20, \$10 for seniors, students and Unitarian Society of New Haven members. Call 203-745-9030 or go to musichavenct.org.

YALE CAMERATA, YALE GLEE CLUB, YALE SYMPHONY ORCHESTRA will per-

form Mahler’s “Symphony No. 2” on Saturday, Feb. 22 at 8 p.m. at Woolsey Hall (500 College Street, New Haven). This concert is free and is sponsored by the Yale Institute of Sacred Music. Tickets are available at yalesymphony.com. For more information, go to ism.yale.edu or call 203-432-5062.

SHUBERT THEATER (247 College Street, New Haven) presents “Once,” an award-winning new musical that tells the tale of a Dublin musician about to give up on his music when he meets a beautiful young Czech musician who takes an interest in his haunting love songs. They develop an unlikely relationship and begin to write songs together. The show is a simple but powerful story of love, loss, music and longing. The run is Feb. 26 to March 2. For tickets, call 203-562-5666 or go to shubert.com.

“STAGE DESIGNS OF MING CHO LEE” is the exhibit at the Yale School of Architecture Gallery (Second Floor, 180 York Street, New Haven). It will end on Feb. 1. If you haven’t yet seen it — hurry — it is an exceptional retrospective of one of the giants of stage design. The Yale School of Drama faculty member and professional designer has created over 300 productions in his illustrious career, 65 models of which have been selected for this exhibit. Ming Cho Lee is renowned for his meticulous attention to precision and detail and his models have been described as works of art in themselves. Since the 1960s Lee has been one of the world’s most celebrated set designers, particularly in the period when he was with the New York City Shakespeare Festival and the New York City Opera. The Gallery is open Monday=Friday from 9:00 a.m. to 5:00 p.m. and Saturday from 10:00 a.m. to 5:00 p.m. There’s not much time left! Don’t miss it!

Have an event, an idea or anything related to the arts? Send to patmiller605@sbcglobal.net.

News & Events

POET'S CORNER

A Town Immersed In Its Natural Wonders

Photo and Poem
by John Ulatowski

Orange is a town of hidden treasures: surrounding gems of time and place that offer us a visual feast, arenas of secret delights and open wonderlands, gentle nooks and crannies that take us back in time and leave us there. It is a place that can open hearts and minds turning us into pilgrims of exploration and sojourners of self-discovery in lives past and present. Travel the town through a myriad of child-like wonder; be swept away in the small, still voice that beckons a return to your inner child. In mind's eye grasp what is truly before us - beauty at rest in its simplest terms. Come home to the tender call of just being in the moment through the seasons of our lives.

Stay and savor gifts prepared just for us, treasures far more lasting than time's grip, Surrender, to where we can see only through mind's eye and hear only in the sounds of silence, Come, far away, to the journey that leads us back home, keeping us stayed in the balance of who we really are. Look through the eyes of a child into winter wonderlands of ice-encrusted trees christened as silver jewels, whose branches glisten brightly as stars imitating the blinding light of galaxies. In the cup of your hand hold the fluff and frailty of windswept snow that forms itself as ancient great cities before our eyes; be mesmerized in the patient serenity of farmlands that sleep silently under winter's frost and summer's sweat, yielding harvests of plenty in due time.


Commune with the great horses of the fields, who know us better than we know ourselves; hibernate with sparrows hidden in their nests, sheltered from north winds; travel to the top of the hill and succumb to the waves of the rolling Housatonic whose river soothes and makes us sailors in spirit to sail to faraway lands; rest by the myriad of streams that never cease their run, bubbling as though on fire, and mellow in the sound of its destined journey to the next bend; fly with all abandon on the wings of the gulls over the Great Pond that offers us invitations to seize the day and restores in us the thirst for paths of adventure; stand as small as an ant in the vertical climb of wooded veils – trees as old as a town's past, whose sturdy presence moves in us a sense of strength; dare to explore uncharted lands in the menagerie of trails that lead not only through the inviting bend of forest paths, but more so into our spirit traveling one step beyond;

We are all being lead here... tenderly invited to live deliberately, to contemplate the sweet release of returning to the playgrounds of our youth; we are spurred onward to lay hold of the day before another season has passed us by, avoiding the winters of discontent. Through seasons' eternal sage, we see our own hourglass whose grains continue to slip through below. And we take heart for we are encouraged through sweet nature's grace of the Gift...of coming to be assured of all things being made new again. The child inside us is waiting.

John has several photo books at the Case Memorial Library on Orange Connecticut.



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335 Pine Tree Drive, \$355,000, Robert J. Smith to George Amigdalos on Jan. 6.
416 Longmeadow Road, \$335,000, Michael R. Mulherin Co

Real Estate

Tr to Jay Arnold on Jan. 6.
321 Racebrook Road, \$172,000, Anthony Dalto II AKA to Yuxiang Zhao on Jan. 7.
542 Meetinghouse Circle,

\$460,000, Benjamin Cutrufello to Hyeonsu Kim on Jan. 9.
397 Narrow Lane, \$365,000, Thomas Rodriguez to Lan Wei on Jan. 13.

**Legal Notice
Town of Orange**
Pursuant to C.G.S. Sec 7-394, there is on file for public inspection in the Office of the Town Clerk, the Auditors Report for the Amity Regional School District #5 for the fiscal year ending June 30, 2013.
Dated at Orange, Connecticut, this the 17th day of January 2014.
Patrick B. O'Sullivan, Orange Town Clerk

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Congregation Or Shalom

Coffee And Learn, Wednesdays, 11 a.m.: Each week, the Rabbi addresses interesting and sometimes amusing topics regarding Judaism, Bible, Yiddish, and much more.
The class runs until noon. These classes are held every Wednesday through March. All are welcome. There is no charge and no reserva-

tions are required. Refreshments (Coffee And) are served.
Call the Or Shalom office at 203-799-2341.

Services
Sunday mornings: 9 a.m.
Monday mornings: 7:30 a.m.
Thursday mornings: 7:30 a.m.
Friday evenings: 7 p.m. (the first Friday of each month is the Family

Service where Rabbi Wainhaus reads the children a story in lieu of a sermon. Following the Service, there will be a dairy Oneg Shabbat—refreshments.)
Saturday mornings: 9:30 a.m.
Or Shalom is located at 205 Old Grassy Hill Road.

The Good Shepherd

Weekly Services
Sundays
7:45 a.m. Morning Mass
9 a.m. Church Alive- Families with Children, 50 minutes and Sunday School included.
10:30 a.m., Traditional Eucharist with the choir.
Wednesdays
7 p.m.

Evening Service
Church Alive comes to Church of the Good Shepherd, Sunday Mornings. Children, their families, and the young at heart are invited to join together for praise, and worship in a relaxed, child-friendly service that is highly participatory and interactive and is guaranteed to be over in under an hour. Children of all ages are encouraged to set the table, read the les-

sons, help with communion and grow in their love of Jesus. The Worship Band will play at this service.
Traditional Choral Eucharist returns. In a world that is always changing, experience a traditional worship service with communion, hymns and a message of God's love that will help you put your faith into practice and navigate life's ups and downs.

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MARIA REYNOLDS ~ 203.623.0684

ORANGE 438 HOWELLTON ROAD
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OPPORTUNITY KNOCKS!! Nice home that needs TLC. Therm windows, tiled floors. Sunny, large LR w/crown fp. Updated EI Kit w/oak cabinets. Rear patio.
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MARIA REYNOLDS ~ 203.623.0684

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Curbside Recycling Program Has Changed

The Town of Orange is changing its curbside recycling schedule to four days a week. The new schedule starts Tuesday, Feb. 4. The map is color coded for the days of curbside collections. Check the location of your street to find your recycling day. Pickup for holidays will be the next day. Remember to put your container out the night before your scheduled day.

Map reprinted with permission of Harbor Publications, Inc.

Tuesday
Blue

Wednesday
Yellow

Thursday
Green

Friday
Pink

